

ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)  
AND HOMOEOPATHY:

**What is ADHD?**

ADHD is the most commonly diagnosed behaviour disorder of childhood. ADHD is characterized by:

- ▶ Hyper Activity
- ▶ Inattention
- ▶ Impulsivity
- ▶ Behavior across different settings,

**Home** e.g. restless, does not listen to instructions given by parents

**School** e.g., does not sit one place, blurts out answers before questions are completed

**Work/Play** e.g. very careless in work, does not engage in play activities quietly.

**Why is Early diagnosis, and treatment of ADHD with Homoeopathy essential?**

- ADHD is the most common psychiatric disorder of childhood affecting 3-5% of children. Boys are two or three times more likely to have ADHD than girls
- ADHD is usually not diagnosed, diagnosed late or misdiagnosed
- W.H.O states that mental and behavioral disorder of childhood and adolescence are very costly to society in both human and financial terms. Children with ADHD face great difficulty in focusing on a task there by affecting their overall performance.
- The symptoms of ADHD disrupts everyday life and can result in serious social problems or impairment of family relationship, success at school or work or in other life endeavors
- If not managed at an appropriate age, it can well continue into adulthood.
- Early diagnosis and *Homoeopathic intervention makes a world of difference in the period when learning is crucial to child's development. Homoeopathic intervention makes a remarkable progress in the child's performance in various areas and develops the child into sound personalities.*

**What are the symptoms of ADHD? How does homoeopathy helps to modify it?**

## ADHD INATTENTION TYPE:

- ▶ Fails to give close attention to details or makes careless mistakes in schoolwork, work or other activities
- ▶ Has difficulty sustaining attention in tasks or play activities
- ▶ Does not follow through on instructions and fails to finish schoolwork, chores, or duties in the workplace
- ▶ Loses things necessary for tasks or activities (e.g, toys, school assignments, pencils, books, or tools)
- ▶ Forgetful in daily activities
- ▶ Distracted by extraneous stimuli.

Homoeopathy acts holistically and improves the child to focus better.

*Homoeopathy improves the perception, and filters informations that are only important. As a result child is not distracted by any unwanted external stimuli. Child will gradually start following the instructions given by teacher and parents and finish schoolwork, homework etc.*

As the child starts calming down internally with homoeopathy, the attention will gradually improve.

### Symptoms of hyperactivity

- ▶ Fidgets with hands or feet or squirms.
- ▶ Often leaves seat in classroom.
- ▶ Talks excessively.
- ▶ Is often ‘on the go’ or often acts as if ‘driven by a motor’
- ▶ Has difficulty playing or engaging in leisure activities quietly.

Homoeopathy helps in calming down the child.

It decreases the internal state of restlessness in the child, as a result child gradually becomes calmer and more co operative

It never makes the child dull; it does not have any depressive action.

The improvement of hyperactivity will be noted by teachers, parents, and physician. It will be also evident in the scientific tool called ADHD SCORE- The child’s POST HOMOEOPATHIC TREATMENT ADHD SCORE WILL DECREASE COMPARED TO THE PRE- HOMOEOPATHIC TREATMENT ADHD SCORE.

### **Symptoms of Impulsivity:**

- ▶ Often blurts out answers before questions have been completed
- ▶ Often has difficulty awaiting turn
- ▶ Often interrupts or intrudes on others (e.g., butts into conversations or games)

Homoeopathy helps in reducing impulsivity

Once the impulsivity improves child, will be more patient resulting in improved relationship with peers, teachers.

The improvement will be seen by parents and teachers, in ADHD score as well as *Scientific Homoeopathic* tools like RREF (REMEDY RESPONSE EVALUATION FORM)

### **What are the improvements that will be noted at general level in children after taking homoeopathic treatment?**

- ▶ Homoeopathy acts as immuno modulators, helps in increasing the resistance of the child and prevent from recurrent infections.
- ▶ Homoeopathy brings about moderation in sensitivity disturbances.
- ▶ Homoeopathy helps to manage underlying neurological disturbances
- ▶ Homoeopathy does not have any adverse or depressing Neurophysiological side effects.

### **How do we diagnose ADHD?**

ADHD is diagnosed on the basis of clinical observation (of inattention, hyperactivity and impulsivity) and psychometric testing for ADHD- scale administered by clinical psychologist.

### **What are the other therapies that can be done with ADHD?**

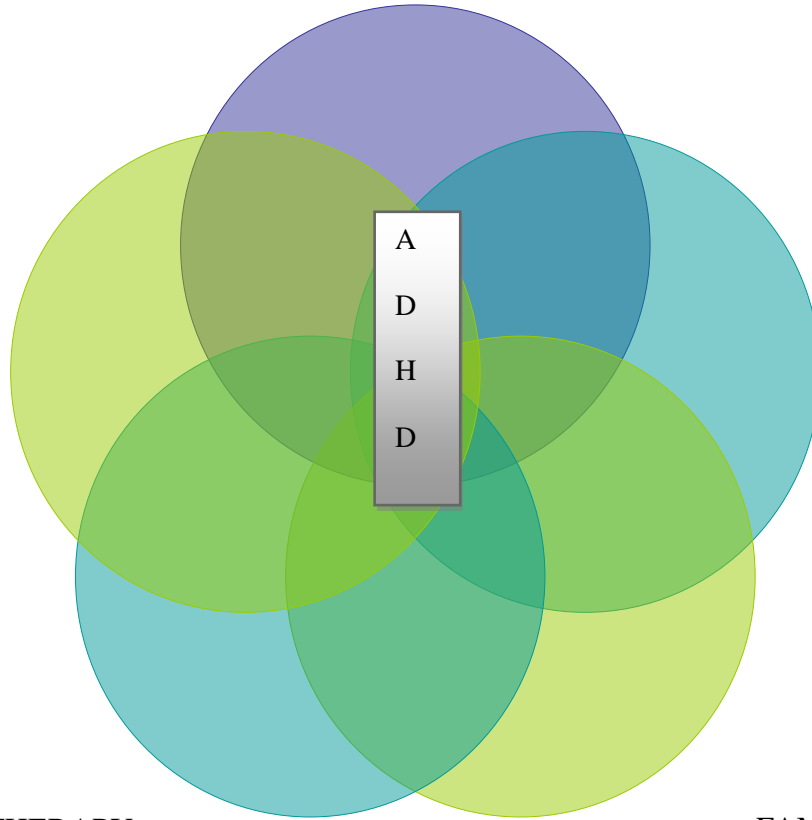
The other therapies which along with homoeopathy will improve the child having ADHD include:

- ▶ BEHAVIOUR MODIFICATION THERAPY
- ▶ PLAY THERAPY
- ▶ SENSORY INTEGRATION
- ▶ FAMILY COUNSELING
- ▶ CHILDREN WITH PERCEPTUAL DIFFICULTIES MAY NEED REMEDIAL EDUCATION
- ▶ HOMOEOPATHY IS A NATURAL HOLISTIC MEDICINE AND PLAYS A VITAL ROLE IN THE MANAGEMENT OF ADHD
- ▶ JORDAN HOMOEOPATHIC CHILD CARE CENTRE PROVIDES ADVANCED INTEGRATED CARE. OUR MULTIDISCIPLINARY TEAM OF HOMOEOPATHIC PAEDIATRICIAN, CLINICAL PSYCHOLOGIST, OCCUPATIONAL THERAPIST AND COUNSELLOR WORK TOGETHER FOR THE IMPROVEMENT OF CHILD.

HOMOEOPATHY

SENSORY  
INTEGRATION

BEHAVIOURAL  
MODIFICATION



PLAY THERAPY

FAMILY  
COUNSELLING

**JORDAN HOMOEOPATHIC CHILD CARE CENTRE**