

Autism and Homoeopathy
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Jordan Homoeo child care centre
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What is autism?

Autism is an intense developmental disability characterized by markedly abnormal or impaired development in social interaction and communication. It is associated with stereotyped behaviour, purposeless monotonous hyperactivity with lack of interest.

What is HOMOEOPATHY and how it helps in children with autism?

Homoeopathy is a unique system of medicine discovered by Dr.Samuel Hahnemann 200 years ago. Homoeopathy works on *nature's law* and based of comprehensive principles. Recently research has proved that homoeopathy works on the principle of *Nanotechnology*. It's a perfect blend of art, authenticity and science. It works from inside and reaches the root of the problem. It not only treats the symptoms, but the child as a whole. It touches the child and gives cure which is fast as it is, and in the gentlest way as it can. Its action is never harsh, it never makes the child dull, on contrary HEALS in the most natural way.

What causes Autism? How homoeopathy system of medicine is unique in its way of treatment?

Genetic factors have been observed causing Autism Spectrum disorder. Presence of fragile X has also been found in number of children with Autism. Even though no Clear cut Cause have been established, but following factors have often been associated with autism, they are- maternal rubella, lack or excess of oxygen at birth, encephalitis, untreated phenylketonuria. **Homoeopathy not only treats the symptoms of autism but also heals the cause of the disease. Homoeopathy manages the underlying Neurological, Metabolic, Genetic factors effectively.**

How can be Autism Diagnosed?

There are various criteria used in diagnosing autism provided in DSM IV & ICD 10 manuals:

Difficulty with social relationships.

Difficulty with verbal and non-verbal communication

Difficulty in the development of play and imagination

Resistance to change in routine.

All these symptoms must have been present by 3 years of age

After establishing the clinical diagnosis, it will confirmed by *professionally trained clinical psychologist* using the tools like **CARS (CHILDHOOD AUTISM RATING SCALE)** through which autism will be graded into non-autistic mild/moderate and severe categories.

What are the early signs of autism? How does early intervention with homoeopathy and multidisciplinary helps in reduction of autistic features?

The earliest signs of autism involve **the absence of normal behaviours—not the presence of abnormal ones**—so they can be tough to spot. In some cases, the earliest symptoms of autism are even misinterpreted as signs of a “good baby,” since the infant may seem quiet, independent, and undemanding. However, you can catch warning signs early if you know what to look for. Homoeopathic intervention at the earliest helps to reduce the autistic features significantly.

NORMAL CHILD	Child with autistic features	How Homoeopathy Helps?
 <p>Normal child is looking up and fully engaged with her mother.</p>	 <p>Child is unusually sullen, <i>avoids eye contact</i>, tries not to notice her mother and will not engage.</p>	<p>Homoeopathy acts on <i>Psycho-Neuro –Endocrinal axis</i>, thus over a period of time improves the child’s Non verbal communication such as eye to eye contact and simultaneously emotional reciprocity.</p>
 <p>Normal child smiles back on being smiled.</p>	 <p><i>Doesn't smile</i> when smiled at.</p>	<p>Homoeopathy improves the child’s emotional <i>receptivity and reactivity</i> thereby enables the child feel human emotions and expresses the same. Over a period of time homoeopathy modifies the child’s <i>affect</i>.</p>
 <p>Normal child is interested in human faces.</p>	 <p><i>Show little interest in human faces</i>. Turns away the face</p>	<p>Homoeopathy effectively <i>modifies the qualitatively impaired social interaction</i> and gradually makes the autistic child to get interested in environment and people.</p>
 <p>Normal child Initiate or <i>respond to cuddling</i>.</p>	 <p>Does not initiate <i>or respond to cuddling</i>.</p>	<p>Homoeopathy works on the <i>impaired social initiation and</i> bring back to normal thus facilitate the child to spontaneously seek, share, and express various emotion, and interest.</p>

NORMAL CHILD	Child with autistic features	How Homoeopathy Helps?
 <p data-bbox="220 488 587 562">Happy to be held and is visibly connecting with their mother</p>	 <p data-bbox="651 499 1046 573">Pulling away and <i>not wanting to be held.</i></p>	<p data-bbox="1078 259 1436 521">Homoeopathy <i>effectively modifies the child's indifference to Affection or physical contact</i> and thereby enabling the child to be receptive to love and affection.</p>
 <p data-bbox="220 835 592 909">Does not over reacts to normal sound</p>	 <p data-bbox="703 846 994 887"><i>Oversensitive to sound.</i></p>	<p data-bbox="1078 611 1430 909"><i>Homoeopathy has a "command" over the impaired sensory defences. It's very powerful in modifying the child's Auditory hypersensitivity and thereby normalizes the hypersensitivity to sound.</i></p>
 <p data-bbox="248 1249 560 1290">Reach out to be picked up</p>	 <p data-bbox="675 1249 1023 1290">Does initiate to be picked up.</p>	<p data-bbox="1078 947 1433 1205">Over a period of time homoeopathy will increase the emotional response of the child. Child will start initiating and respond to love, affection in long term treatment.</p>
 <p data-bbox="252 1585 555 1659">Child lies comfortable on abdomen.</p>	 <p data-bbox="655 1574 1042 1648">Does not like to be <i>laid on their stomach.</i></p>	<p data-bbox="1078 1328 1433 1547">Homoeopathy does wonders in modifying the impaired sensory defences. <i>It can effectively modify the Tactile hypersensitivity</i> and bring back to normal.</p>
 <p data-bbox="256 1921 552 1962">Plays with other children</p>	 <p data-bbox="671 1921 1031 2007">play alone with objects not play with other children</p>	<p data-bbox="1086 1697 1430 1883">When homoeopathy starts acting, socialization will gradually improve and child will start socializing with other people.</p>

Whether Autism is curable? What is the prognosis of Autistic child?

The future of an autistic child depends upon many things like:

A. Degree of mental retardation with autism

Autistic children with normal intellectual functioning may be able to adjust with society far better than children with below average IQ

B. Degree of Autism like mild/moderate or severe

C. How early the disorder is diagnosed and what are the therapeutic interventions received by child: if the child is diagnosed early and is given therapies like occupational therapy with sensory integration, speech therapy, water therapy, behaviour modification programme etc., the disease can be controlled at a very early stage and the future of the child can be made better.

D. Whether proper diet is followed by the patient

E. How early the homoeopathic medication has been started.

Can children with autism be educated? And how is this done?

Yes. Autistic children can be educated using advanced technique like applied behaviour analysis. Parental guidance and counselling, speech therapy, sensory integration therapy, etc are essential.

Whether autistic child can be transferred to a mainstream school after few years of special schooling?

After intensive holistic management we have been able to integrate number of high functioning children in slow Learner section and later in Mainstream school.

What are the symptoms of autism?

Qualitative Impairments in Social Interaction:

- **Failure to develop peer relationships appropriate to developmental level**
- Lack of emotional or social reciprocity
- They have disturbances in the development of **joint attention, attachment** and other aspect of social interaction.
- **Avoidant or aloof from interaction**



Homoeopathy will improve the impaired socialization and child will start reacting to the environment gradually. Improvement will also be evidently seen in scientific tools like ATEC-(Autism treatment Evaluation Checklist) and RREF

Homoeopathy not only improves the socialization but also the affect. Though it's challenging, with intensive homoeopathic treatment and sensory integration it is possible to get back the child from being in his own world, and staying aloof.



Qualitative Impairment in Verbal and Nonverbal Communication and Play

- **Absent or decreased Eye to Eye contact**---Infants and young children with autistic disorder may take the parent's hand to obtain a desired object **without making eye contact** (i.e., as if the hand, rather than the person, is obtaining the item).
- As many as 50 percent of individuals with autistic disorder never speak.
- Usual patterns of language acquisition (e.g., playing with sounds and babbling) may be absent or infrequent.
- When individuals with autistic disorder do speak, impairment is seen in the ability to initiate or sustain a conversation with others.
- Stereotypical and repetitive use of language or idiosyncratic language.
- Speech tends to be less flexible
- Speech may be non reciprocal (e.g., the child produces language that is not meant as communication).
- Deficits in play may include a failure to develop usual patterns of

Symbolic-imaginative play. Children with autistic disorder may explore non functional aspects of play materials. Instead of playing with a toy functionally for example doing the action of flying of an aeroplane toy, an autistic child may just keep smelling or tasting it.

- They may echo what they have heard (**echolalia**).



Under homoeopathic treatment, core autistic features will gradually decrease. Verbal communication skills improve and feature like echolalia fades away. But all this will require multidisciplinary approach like speech therapy, and sensory integration therapy along with homoeopathy.

- **Restricted repetitive and stereotyped patterns of behaviour, interests, and activities :**

- Children with autistic disorder often have **difficulty tolerating change and variation in routine**. They may **insist on sameness and show resistance to or distress over trivial changes**. For example a younger child may have a catastrophic reaction to minor change in the environment such as rearrangement of the furniture or use of new things.



With homoeopathy and behavioural modification ritualistic routine and resistance to change will gradually come down. Child will become *less resistant* to *change* and gradually develop environmental awareness.

- An autistic child may display a **markedly restricted range of interests** and are often **preoccupied with one narrow interest**. They may line up an exact number of play things in the same manner over and over again or repetitively. Or there may be fascination with movement (e.g the spinning wheels of toys, the opening and closing of doors, an electric fan other rapidly revolving object)



Restricted and narrow interests as shown in the picture will come down with homoeopathy and child will start engaging in a more meaningful and imaginative play.

- The person may be highly attached to some inanimate object (e.g. a piece of string or a rubber band)
- Stereotyped and repetitive motor mannerism (e.g. hand or finger flapping or twisting, or complex whole body movements)

What are the various behavioural issues in children with autism? How does homoeopathy help in dealing with these behavioural issues effectively?



Autistic children present with behavioural issues like *extreme hyperactivity, violent aggression, anger, self injurious behaviour like head banging, self biting, self hitting, beating others, screaming*, etc

Homoeopathy does not just act superficially, but acts from within, and soothes the child. It never makes the child dull, whereas modifies the violent behaviour. **It makes child calmer**, more cooperative and at a long time treatment **comes out of all behavioural issues completely**. The improvement of the behaviour will be evidently seen in scientific tool called *ATEC-Autism treatment evaluation checklist*, *Autism hyperactivity score-(AHS)*, and *Homoeopathic tools like autism RREF (remedy response evaluation form)*

What are the various sensory issues that are present in an autistic child and how homoeopathy helps to reduce it?

Autistic children may have **impaired sensory defences** giving rise to severe disturbances in sensitivity:

- Some children present with extreme sensitivity to noise-may shut their ears, or scream., some to light- may close their eyes on the contrary some children may be fascinated with lights. *Homoeopathic medicines are very powerful in modifying such impaired sensory defences. Regular use of homoeopathic medicine in children with autism helps to remove such sensory issues like noise sensitivity completely. After months of intervention with homoeopathic medicine the child is reevaluated for sensory profile, and many children are found to free of the earlier sensory issues with which the child presented.*
- Some children show intense inclination for hugging and touching things, while others would be extremely averse to hugging and cuddling. There is marked impairment in processing of kinaesthetic and proprioceptive sensation. Homoeopathy helps in correcting the impairments in processing of kinaesthetic and proprioceptive sensation
- Autistic child may have defective sensory modulation like gravitational fears leading to fear of downward motion. Homoeopathy literature is rich with such symptoms and the remedy corresponding to it. Use of indicated homoeopathic medicine over a period of time removes such fears and indirectly correct the sensory processing.

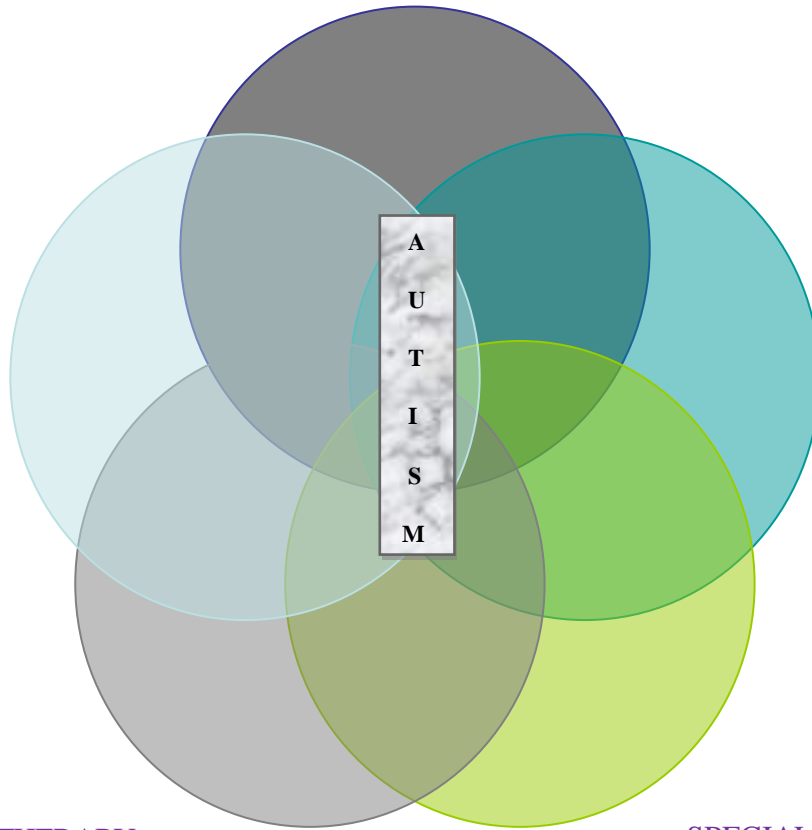
How does multi disciplinary approach with homoeopathy as a central modality of treatment helps Autistic child?

- When an autistic child is treated holistically with homoeopathy as the central modality of treatment, there is tremendous improvement in the autistic features of the child.
- Jordan Child care centre functions with innovative approach based on integration of holistic concept propounded by Dr.Samuel Hahnemann, founder of homoeopathy and Jean piagets concept of child development.
- OCCUPATIONAL THERAPY AND SENSORY INTEGRATION THERAPY ALONG WITH HOMOEOPATHY – plays a major role in modifying the impaired sensory defences
- SPECIAL EDUCATION ALONG WITH HOMOEOPATHY enhances the child learning. Concepts like self awareness, concepts of shapes, sizes, and abstract reasoning, and discrimination are taught to the autistic children through special education. when a child takes homoeopathy with special education it helps in learning skills, and faster grasping of the concepts.
- SPEECH THERAPY WITH HOMOEOPATHY : when speech therapy is given along with homoeopathy it helps in communication of the child. The child slowly learns to speak though it takes long time. Over a period of time child comes out of stereotyped and repetitive use of language, and echolalia.

HOMOEOPATHY

SENSORY
INTEGRATION

APPLIED
BEHAVIOUR
ANALYSIS



SPEECH THERAPY

SPECIAL
EDUCATION

JORDAN HOMOEEO CHILD CARE CENTRE

JORDAN HOMOEEO CHILD CARE CENTRE PROVIDES A INTEGRATED
APPROACH FOR AUTISM WITH **HOMOEOPATHY** AS THE CENTRAL
MODALITY.